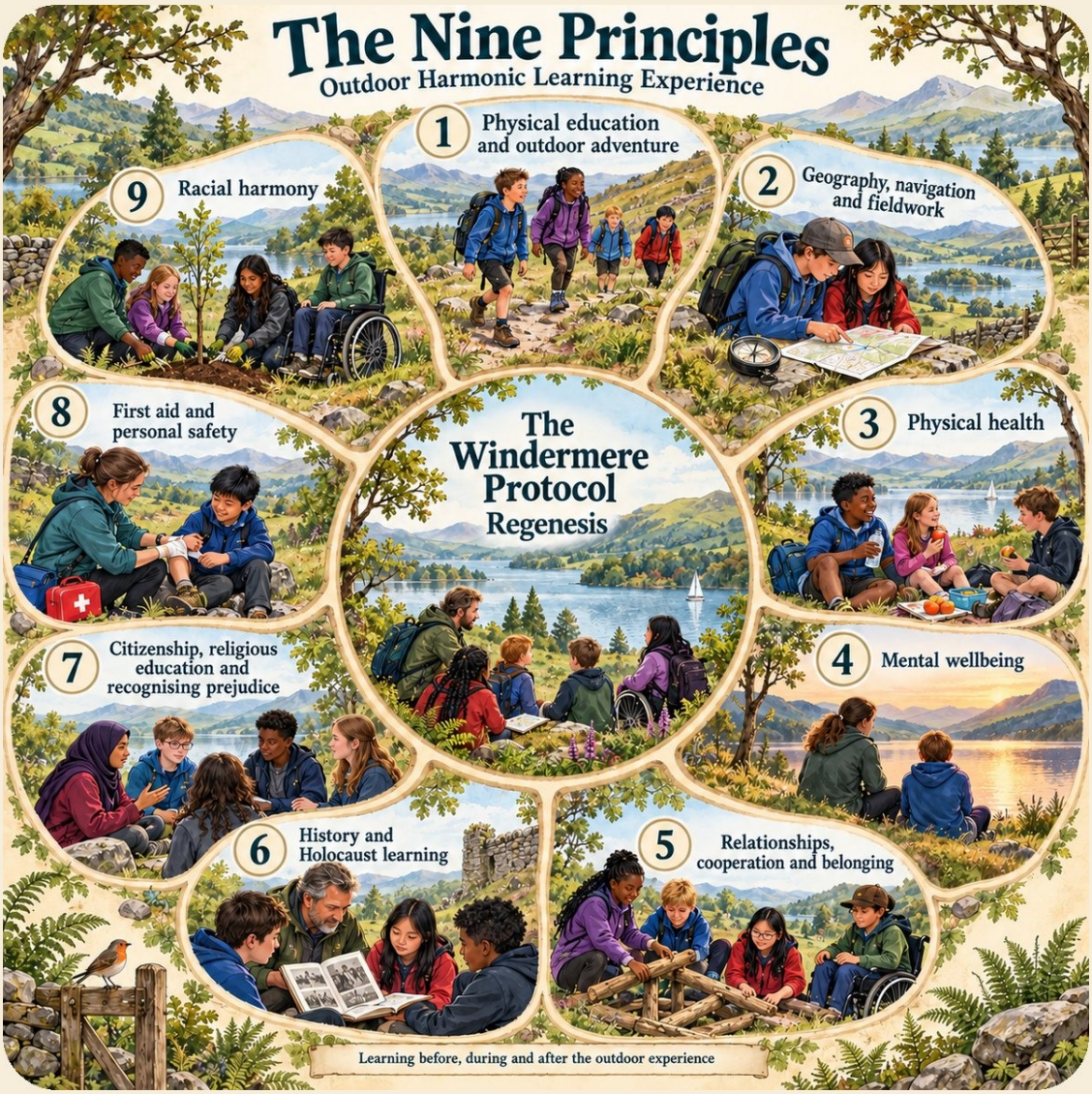
Regenesis Events

OUTDOOR HARMONIC LEARNING

The Nine Principles

Learning before, during and after the outdoor experience



One day. Nine areas of learning.

Schools usually teach these subjects one at a time, through separate trips, lessons and visitors. The Next Generation delivers all nine through one coordinated programme: preparation in school, a day at Windermere and reflection afterwards.

Efficient learning

Nine curriculum areas in one experience, with lesson plans before and after. Less disruption, more depth.

The multiplier

Pupils take the learning home to their families and friends. Teachers use the approach with every class they teach afterwards.

Take-home messages

People recover through safety and kindness. Everyone can belong. Prejudice can be recognised and challenged.

NATURE • STORY • CONNECTION • HOPE

THE PRINCIPLES IN ACTION

Nine principles, one experience



1 Physical education and outdoor adventure

Walking together through Elleray Wood and climbing to the top of Orrest Head. A real physical challenge, shared as a group.



2 Geography, navigation and fieldwork

Reading the map at the foot of Orrest Head, using a compass and reading the landscape around Windermere.



3 Physical health

Fresh air, movement, water and good food on the trail.



4 Mental wellbeing

Calm, unhurried time by the lake, with no pressure to talk. Skimming stones counts.



5 Relationships, cooperation and belonging

Small groups working together, as the Children of 1945 did, so friendships can form.



6 History and Holocaust learning

The true story of the Children of 1945, told with care at the Jetty Museum and focused on what came after.



7 Citizenship, acceptance and recognising prejudice

What prejudice is, how stereotypes start, and how to accept people whose backgrounds and beliefs differ from our own.



8 First aid and personal safety

Water safety on the Calgarth shoreline, emergency shelters and basic first aid.



9 Racial harmony

Pupils from many backgrounds learning side by side, and taking that back to school.

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