Regenesis Events

THE PROGRAMME

The Next Generation

Inspired by the Children of 1945



On Orrest Head, June 2026 pilot

98% loved or liked the visit

91% want more outdoor learning

96% more confident outdoors

From 59 pupil feedback forms, June 2026

An outdoor learning programme for Year 6 pupils as they prepare to move to secondary school.

Inspired by the Children of 1945, it combines outdoor learning, navigation, teamwork, reflection and storytelling in the landscape where young Holocaust survivors began rebuilding their lives.

The focus is what came after: recovery, friendship, acceptance, confidence and new beginnings.

THREE STAGES

- Preparation in school
- A day at Windermere
- Reflection back in school

WHAT PUPILS TAKE HOME

- Confidence and independence outdoors
- Map reading and water safety
- A sense of belonging
- A true story to keep

The day at Windermere

1. **10:00 Windermere Jetty Museum**
   Welcome, and the story of the Children of 1945
2. **10:30 Walk to Orrest Head**
   Navigation, map reading and the view
3. **12:15 Lunch and lakeside activities**
   Stone skimming by the lake
4. **13:05 Calgarth shoreline**
   Water safety session
5. **14:00 Tree of Life ceremony**
   Reflection on new beginnings
6. **15:00 Depart**
   Back at school by 16:45

Benefits for pupils and teachers

Transition and confidence. Prepares pupils for secondary school. Teachers: a practical transition model.

Outdoor learning. Builds resilience, independence and teamwork. Teachers: experiential learning in action.

Navigation. Develops observation and decision making. Teachers: cross-curricular opportunities.

Water safety. Risk awareness and personal responsibility. Teachers: supports PSHE and safety education.

Reflection and wellbeing. Self-belief and emotional resilience. Teachers: wellbeing-focused practice.

History and acceptance. Recovery, kindness and belonging through a true story. Teachers: values-based learning.



NATURE • STORY • CONNECTION • HOPE